

# Rising Stars Swimming Gala

Sunday 25th September 2016 5.00pm – 8.00pm, warm up 5.10pm – doors open 5.00pm

Venue: Shipley Pool

The Bradford Swimming Development Group invites your entries for the Rising Stars Gala on Sunday 25<sup>th</sup> September.

The Gala entry is limited to members of the 5 clubs in the Bradford Swimming Development Group which are Bradford Dolphin, Bradford, Bingley, Ilkley and City of Bradford. In the case of City of Bradford - this gala is only open to members who are also members of one of the 4 other clubs.

You must be aged between 8 and 14 inclusive on the day of the gala to enter.

Maximum entry times have been set, so if you have swum faster than the times below in a meet with electronic timing your entry will be automatically rejected. Manual times at club galas, B&D, A&W or K&D galas are allowed. (ie you will not be rejected on the basis of these times) and we encourage you to enter these times so the heats can be seeded correctly.

Medal and ribbons will be awarded for places 1 to 6 in each age group 8, 9, 10, 11, 12 and 13/14.

Event	Age Group	Distance	Stroke	Event	Age Group	Distance	Stroke
1/2	9-10 years boys/ girls	50m	Backstroke	3/4	11/14 years boys/ girls	50m	Backstroke
5/6	8 years boys/ girls	25m	Backstroke	7/8	9-10 years boys/ girls	50m	Breaststroke
9/10	11/14 years boys/ girls	50m	Breaststroke	11/12	8 years boys/ girls	25m	Breaststroke
13/14	9-10 years boys/ girls	50m	Butterfly	15/16	11/14 years boys/ girls	50m	Butterfly
17/18	8 years boys/ girls	25m	Butterfly	19/20	9-10 years boys/ girls	50m	Freestyle
21/22	11/14 years boys/ girls	50m	Freestyle	23/24	8 years boys/ girls	25m	Freestyle
25/26	9-10 years boys/ girls	100m	Individual Medley	27/28	11/14 years boys/ girls	100m	Individual Medley

**Qualifying Times: You must not have swum an electronically recorded time faster than the times below.**

Event	Boys						Girls					
	8	9	10	11	12	13/14	8	9	10	11	12	13/14
25/50 Freestyle	0:19.00	0:40.70	0:38.0	0:35.9	0:33.9	0:32.1	0:20.0	0:41.1	0:38.5	0:36.5	0:34.7	0:33.3
25/50 Breaststroke	0:26.0	0:53.2	0:49.6	0:46.5	0:43.7	0:40.7	0:27.0	0:54.2	0:50.0	0:46.7	0:44.0	0:42.1
25/50 Butterfly	0:21.0	0:45.9	0:42.4	0:39.6	0:37.5	0:35.3	0:22.0	0:46.5	0:42.4	0:40.1	0:37.9	0:36.4
25/50 Backstroke	0:22.0	0:46.9	0:43.6	0:41.2	0:39.0	0:36.5	0:23.0	0:47.3	0:43.8	0:41.4	0:39.3	0:37.7
100 Individual Medley		0:43.8	0:36.2	0:30.9	0:26.0	0:20.7		0:45.3	0:38.3	0:31.3	0:26.4	0:22.6

TEAR OFF HERE

Club _____	Stroke _____	Entry Time _____
Name _____	Freestyle _____	
Date of Birth _____ Age on Day _____	Backstroke _____	
Male/Female _____	Breaststroke _____	
ASA Number _____	Butterfly _____	
Parents Name _____	Individual Medley _____	
Contact Phone No: _____	Entry Fee £3.00 per event	
Email Address _____	Method of Payment	
	Cash _____ Cheque _____	

Please complete all of the details on this form and return it, together with payment by cheque or cash to your club coach or Meet Co-ordinator. Cheques should be made payable to your club – Entries must be submitted by **Wednesday 21st September 2016**.